

WELLNESS OUTREACH

Thank you for taking the time to learn about our Wellness Outreach / Congregational Nursing ministry. Congregational Nursing is a Ministry of the Roanoke Valley Baptist Association, the Virginia Baptist Nursing Fellowship and the Women's Missionary Union of Virginia. Congregational Nursing is grounded in the concept of health that implies that physical health is an interplay of body, mind, and spirit.

The overall medical model of health in the United States has ignored how the interrelationship of spiritual health impacts an individual's physical and emotional health. The foundation of Congregational Nursing is a spiritual emphasis of health in assisting the church ministry team to transform the church into a source of health and healing. Spiritual health is central to well-being and influences a person's entire being. Therefore, a sense of well-being and illness may occur simultaneously. The healing is not in the sense of curing but in the ultimate healing that comes from the inner working of the Holy Spirit.

We believe that the above can be accomplished by implementing the Wellness Outreach Ministry at Pleasant Hill Baptist. This Wellness Outreach Ministry will focus initially on 6 ministries. These ministries will be coordinated by our Congregational Nurse, Lynda Huffman, and under the supervision of our Senior Pastor, Kevin Wirt. These ministries are within the independent functions of a Registered Nurse's License and are allowed without the supervision of a physician. Congregational Nursing does not utilize the following services:

- * Does not perform tasks that require a physician's order
- * Does not practice "hands on" health care in the community
- * Does not dispense medications, do blood tests or other invasive procedures
- * Does not replace or compete with community nurse or medical programs
- * Does not practice without the spiritual dimension being central to its function

Lynda Huffman, RN, has sensed God's call to this ministry here at Pleasant Hill Baptist Church. She has received all her Congregational Nursing credentials and is ready to serve the Lord through this ministry. Lynda will work closely with our Pastor Kevin Wirt. The Wellness Outreach Ministry will consist of the following individual ministries:

Health Needs & Education Ministry

The mission of the Health Needs & Education Ministry is to help promote wellness within the church congregation and community by identifying health issues and providing education that addresses these issues. The emphasis of this ministry will be "total health" meaning: body, mind, and spirit.

On Saturday Mornings at 9:00am, the Wellness Ministry is sponsoring the "Walk for God" in the church parking lot. All ages and fitness levels are welcome to attend. Contact Lynda Huffman for more information.

Card Ministry

The mission of the Card ministry is to establish and maintain contact with individuals within our church family and community. This will be done during times of:

- * Bereavement
- * Family difficulties
- * Separation from home (while in school, armed services, etc.)
- * To welcome new members
- * To recognize baptisms
- * To recognize new births
- * Other situations where appropriate, including sending church bulletins to those who request them

Welcome Additions Ministry

The purpose of this ministry is to support the families of our church and community during the time surrounding the birth or adoption of a new child.

Convalescent Food Ministry

The purpose of this ministry is to provide physical as well as emotional support to church members after discharge from hospital. After it is determined that the church member/family would desire to receive meals or paper/plastic products—a delivery plan will be established to meet their individual needs.

Medical Equipment Ministry

The purpose of this ministry is to provide medical equipment and supplies on loan as needed for our church family.

Special Events Ministry

The Special Events Ministry will coordinate and/or organize any special events as needed to support the other ministries within the church.